



Community Compassion Outreach
501(c)(3)

Safe Talks!

for

Mind & Body Wellness

FREE Lunch

Tuesdays & Fridays

10:00 a.m. to 2:00 p.m.

**255 East 11th St.
Durango, CO 81301**

970-236-2313

Donna Mae Baukat, PSP
Program Manager & Supervisor
RESST@CCOHOME.ORG

JOIN our SAFE TALKS!

For recovery from
substance/alcohol abuse ...
mental health concerns.

Discover multiple paths
to WELLNESS.

We have lived experience
with anxiety, depression,
and addictions.

YOU ARE NOT ALONE!



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